

Reading: Read each sentence two times. Use MORE INTENT the second time!

Getting ready to make a speech takes work.

What is your purpose for speaking?

Prepare your research, outlines, and materials.

Practice, practice, practice!

Conversation Exercise:

Answer with INTENT!

Name a time that you spoke in front of people.

What did you do well?

Bonus Reading: Read the passage two times. Use MORE INTENT the second time!

Glossophobia is the fear or intense anxiety about public speaking. About 70% of people dislike public speaking. But many do it!

https://blogs.ifas.ufl.edu/orangeco/2022/01/21/public-speaking-getting-beyond-the-fear-through-the-three-ps/

https://crowncounseling.com/statistics/fear-of-public-speaking-statistics